

In Good Company

The Good News in Home & Personal Care

Autumn 2010



COMPANIONS for
LIVING

Living younger, longer.SM

Free Dementia Caregiver Series

**February 8, 15, 22
and March 1**

A four part training program for caregivers of an individual with Alzheimer's disease or related dementia

6:00 to 8:00pm
Companions for Living
W. Hartford, CT 06107

**Light dinner
Provided by
Companions for Living**

To register call
The Alzheimer's
Association
800-356-5502

Part I: Overview: Alzheimer's | Disease/Research | Programs
Part II: Communication Techniques | Challenges and Strategies | Safety
Part III: Keeping the Caregiver Healthy | Community Resources
Part IV: Legal and Financial Issues

Second Annual Vino and a Show Raises Money and Awareness for Alzheimer's

On Thursday September 23rd, 2010 **Companions for Living** hosted its second annual **Vino and a Show**, a benefit for The Alzheimer's Association's Connecticut Chapter at The Playhouse on Park. Companions for Living president, Julianne Roth, announced that the company raised over \$2200 as a result of this event. The event was well attended, and those who came enjoyed wine and hors d'oeuvres, a teacup raffle, and the wonderful comedy of Peaches Rodriguez and Peter Bales. (If you missed Peaches at Vino, come on out to The Playhouse on Park on November 24th where she will be performing as the headliner for a comedy night.) Along with our other fund raising efforts, Team Companions for Living

raised over \$3000 in total for the Memory Walk. All proceeds were donated to **The Alzheimer's Association**.

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Caregiver Spotlight: *Brian*



Brian (left) pictured with his client Mike (right)

Brian has been a caregiver with CFL for 5 years. He was one of the original staff members, and has been with us consistently since day one. Brian has shown his loyalty and compassion to his clients through the years. His clients always like his outgoing affect, and he always is able to establish a good rapport.

One of Brian's long-term client's is Mike. Mike and Brian have been a team for several years now. In Mike's words, **"One thing that stands out to me about Brian, is his dependability; especially when he's had to take me somewhere important, including doctor's appointments. It's a big relief not having to worry about getting there on time. Also we get along great as we're both avid Red Sox fans and really don't like the Yankees. :-)"** (No offense to our Yankee fan readership!)

We congratulate Brian on winning the CFL Caregiver Quality Award, and thank him for all of his hard work and dedication!

CFL Raises Money and Awareness for the Alzheimer's Association

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Companions for Living wishes to thank everyone who attended the event for their generosity along with the sponsors and donors. Wine was donated by Wine Cellars 4. Hors d'Oeuvres were provided by Mary's Catering. Cheese and vegetable platters were donated by Whole Foods Market. Desserts were provided by A Little Something Bakery. Raffle prizes were donated by Drs. Joel Goodman and Tammy Stein, Yankee Painter, American Laser Centers, Whole Foods, Colleen McCarthy - LMT, The Town of West Hartford.

Together with this event and our other efforts, Team Companions for Living raised over \$3000 for the Alzheimer's Association's Memory Walk. Look for the next Vino and a Show coming this spring!

HOLIDAY SAVINGS!

\$100 OFF
Re-NEWSM Process

COMPANIONS FOR LIVING, LLC
(860) 882-0802



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